

Carti De Psihologie Ferestre Catre Copiii Nostri Gestalt

The Aware Baby marks a major breakthrough in our understanding of babies' emotional needs, and has now been translated into Dutch, French, German, Hebrew, and Italian. The author emphasizes the attachment needs of infants, which are best met by close physical contact, breast-feeding, and prompt responsiveness to crying. At the core of her philosophy is the concept of crying as tension release, with the emphasis that babies should never be left alone to cry. Topics covered include birth and bonding, crying, sleep/feeding issues, non-authoritarian discipline, temper tantrums, play, stimulation/learning, toilet training, attachment and separation issues.

From the best-selling author of *V2* and *Fatherland*—a WWII-era spy thriller set against the backdrop of the fateful Munich Conference of September 1938. Soon to be a Netflix film. With this electrifying novel about treason and conscience, loyalty and betrayal, "Harris has brought history to life with exceptional skill" (*The Washington Post*). Hugh Legat is a rising star of the British diplomatic service, serving at 10 Downing Street as a private secretary to the Prime Minister, Neville Chamberlain. Paul von Hartmann is on the staff of the German Foreign Office--and secretly a member of the anti-Hitler resistance. The two men were friends at Oxford in the 1920s, but have not been in contact since. Now, when Hugh flies with Chamberlain from London to Munich, and Hartmann travels on Hitler's train overnight from Berlin, their paths are set on a disastrous collision course. And once again, Robert Harris gives us actual events of historical importance--here are Hitler, Chamberlain, Mussolini, Daladier--at the heart of an electrifying, unputdownable novel.

Go beyond bacon and eggs and step back into the creative kitchen of renowned food blogger and author Carolyn Ketchum as she shows you how to make the most of your mornings with her most sought after a.m. recipes! *Easy Keto Breakfasts* is an assortment of delectable low-carb, time-saving recipes that will leaving you feeling satisfied and ready to take on the day. *Easy Keto Breakfasts* delivers an assortment of those can't live without baked goods that Carolyn is famous for including: Maple Pecan Scones, Strawberry Skillet Breakfast Cake and Macadamia Coconut Granola while also bringing new twists to the time-tested favorites such as omelets and breakfast meats. Carolyn meticulously presents over 50 keto recipes that are so easy-to-follow and feature full color photos, nutrition information, along with make-ahead and time saving tips that will change your life!

The first book in the acclaimed, New York Times best-selling trilogy, *Wool* is the story of a community living in an underground silo completely unaware of the fate of the outside world. When the silo's sheriff asks to leave the silo, a series of events unravels the very fabric of their fragile lives. In a world where all commodities are precious and running out, truth and hope may be the most rare...and the most needed.

While a young archaeologist investigates a mysterious mass grave in Romania from which finger bones are disappearing each night, an orthodox monk stumbles into history when he becomes the father confessor of a partisan bent on bringing down the government.

The masterful second novel in the Martin Beck series of mysteries by the internationally renowned crime writing duo, Maj Sjöwall and Per Wahlöö, finds Beck searching Budapest for a well-known Swedish journalist who has disappeared without a trace.

With an introduction by Val McDermid: "So many of the elements that have become integral...in the police procedural subgenre started life in these ten novels....Their plots are second to none." Inspector Martin Beck of the Stockholm Homicide Squad has his summer vacation abruptly terminated when the top brass at the foreign office pack him off to Budapest to search for Alf Matsson, a well-known Swedish journalist who has vanished. Beck investigates viperous Eastern European underworld figures and--at the risk of his life--stumbles upon the international racket in which Matsson was involved. With the coolly efficient local police on his side and a predatory nymphet on his tail, Beck pursues a case whose international implications grow with each new clue. First published in 1969. Routledge is an imprint of Taylor & Francis, an informa company.

Every teenager rebels against authority at some point--talks back, breaks curfew, or disobeys. But literally millions of teens take their rebellion to a point where it disrupts their families and endangers their own futures or even their lives. If one of these teens is yours, you've probably lived through years of conflicting advice and pat solutions that don't last. Finally, this breakthrough guide from a master therapist will show you the seven steps to positive, permanent change for you and your teenager: 1. Learn the real reasons for teen misbehavior. 2. Make an ironclad contract to stop that behavior. 3. Troubleshoot future problems. 4. End button-pushing. 5. Stop the "seven aces" -- from disrespect to threats of violence. 6. Mobilize outside help. 7. Reclaim lost love within the family. Clear, compassionate, and packed with real-life solutions to real-life problems, *Parenting Your Out-of-Control Teenager* gives parents the tools they need to turn their families' lives around for good.

A translation of the leading Romanian writer's 1989 debut novel consists of five stand-alone chapters that are linked together through imaginative explorations of such themes as humankind's primordial myth-making, the origins of the universe, and an apocalyptic Bucharest tenement district during the years of communist dictatorship. Original.

****THE INSTANT #1 NEW YORK TIMES BESTSELLER**** "An unforgettable—and Hollywood-bound—new thriller... A mix of Hitchcockian suspense, Agatha Christie plotting, and Greek tragedy." —Entertainment Weekly *The Silent Patient* is a shocking psychological thriller of a woman's act of violence against her husband—and of the therapist obsessed with uncovering her motive. Alicia Berenson's life is seemingly perfect. A famous painter married to an in-demand fashion photographer, she lives in a grand house with big windows overlooking a park in one of London's most desirable areas. One evening her husband Gabriel returns home late from a fashion shoot, and Alicia shoots him five times in the face, and then never speaks another word. Alicia's refusal to talk, or give any kind of explanation, turns a domestic tragedy into something far grander, a mystery that captures the public imagination and casts Alicia into notoriety. The price of her art skyrockets, and she, the silent patient, is hidden away from the tabloids and spotlight at the Grove, a secure forensic unit in North London. Theo Faber is a criminal psychotherapist who has waited a long time for the

opportunity to work with Alicia. His determination to get her to talk and unravel the mystery of why she shot her husband takes him down a twisting path into his own motivations—a search for the truth that threatens to consume him....

A young boy who has no identity nor memory of his past washes ashore on the coast of Wales and finds his true name after a series of fantastic adventures. Escapades of a lucky little girl who lives with a horse and a monkey - but without any parents - at the edge of a Swedish village.

The definitive reference in the field--now significantly revised with 75% new material--this volume examines typical and atypical development from birth to the preschool years and identifies what works in helping children and families at risk. Foremost experts explore neurobiological, family, and sociocultural factors in infant mental health, with a major focus on primary caregiving relationships. Risk factors for developmental problems are analyzed, and current information on disorders and disabilities of early childhood is presented. The volume showcases evidence-based approaches to assessment and intervention and describes applications in mental health, primary care, child care, and child welfare settings. New to This Edition: *Chapters on genetic and epigenetic processes, executive functions, historical trauma, and neglect. *Chapters on additional clinical problems: hyperactivity and inattention, sensory overresponsivity, and relationship-specific disorder. *Chapters on additional interventions: attachment and biobehavioral catch-up, video-feedback intervention to promote positive parenting and sensitive discipline, parent-child interaction therapy, and home visiting programs. *Existing chapters all rewritten or revised to reflect a decade's worth of empirical and clinical advances.

Bestselling writer and psychotherapist Irvin D. Yalom puts himself on the couch in a lapidary memoir Irvin D. Yalom has made a career of investigating the lives of others. In this profound memoir, he turns his writing and his therapeutic eye on himself. He opens his story with a nightmare: He is twelve, and is riding his bike past the home of an acne-scarred girl. Like every morning, he calls out, hoping to befriend her, "Hello Measles!" But in his dream, the girl's father makes Yalom understand that his daily greeting had hurt her. For Yalom, this was the birth of empathy; he would not forget the lesson. As *Becoming Myself* unfolds, we see the birth of the insightful thinker whose books have been a beacon to so many. This is not simply a man's life story, Yalom's reflections on his life and development are an invitation for us to reflect on the origins of our own selves and the meanings of our lives.

The groundbreaking bestseller that redefines intelligence and success Does IQ define our destiny? Daniel Goleman argues that our view of human intelligence is far too narrow, and that our emotions play major role in thought, decision making and individual success. Self-awareness, impulse control, persistence, motivation, empathy and social deftness are all qualities that mark people who excel: whose relationships flourish, who are stars in the workplace. With new insights into the brain architecture underlying emotion and rationality, Goleman shows precisely

how emotional intelligence can be nurtured and strengthened in all of us. The book focuses on identifying your own leadership strengths to get success. Leadership is never easy. But thankful, something else is also true. Everyone of us has the potential to be a leader every day. Many people still have a narrow understanding of what leadership really is. But the fact of the matter is that leadership doesn't begin and end at the very top. It is every bit as important, perhaps more important, in the place most of us live and work. The leadership techniques that will work best for you are the ones you nurture inside. The best selling book on Human relations.

The definitive firsthand account of the groundbreaking research of Philip Zimbardo—the basis for the award-winning film *The Stanford Prison Experiment*

Renowned social psychologist and creator of the Stanford Prison Experiment Philip Zimbardo explores the mechanisms that make good people do bad things, how moral people can be seduced into acting immorally, and what this says about the line separating good from evil. *The Lucifer Effect* explains how—and the myriad reasons why—we are all susceptible to the lure of “the dark side.” Drawing on examples from history as well as his own trailblazing research, Zimbardo details how situational forces and group dynamics can work in concert to make monsters out of decent men and women. Here, for the first time and in detail, Zimbardo tells the full story of the Stanford Prison Experiment, the landmark study in which a group of college-student volunteers was randomly divided into “guards” and “inmates” and then placed in a mock prison environment. Within a week the study was abandoned, as ordinary college students were transformed into either brutal, sadistic guards or emotionally broken prisoners. By illuminating the psychological causes behind such disturbing metamorphoses, Zimbardo enables us to better understand a variety of harrowing phenomena, from corporate malfeasance to organized genocide to how once upstanding American soldiers came to abuse and torture Iraqi detainees in Abu Ghraib. He replaces the long-held notion of the “bad apple” with that of the “bad barrel”—the idea that the social setting and the system contaminate the individual, rather than the other way around. This is a book that dares to hold a mirror up to mankind, showing us that we might not be who we think we are. While forcing us to reexamine what we are capable of doing when caught up in the crucible of behavioral dynamics, though, Zimbardo also offers hope. We are capable of resisting evil, he argues, and can even teach ourselves to act heroically. Like Hannah Arendt’s *Eichmann in Jerusalem* and Steven Pinker’s *The Blank Slate*, *The Lucifer Effect* is a shocking, engrossing study that will change the way we view human behavior. Praise for *The Lucifer Effect* “*The Lucifer Effect* will change forever the way you think about why we behave the way we do—and, in particular, about the human potential for evil. This is a disturbing book, but one that has never been more necessary.”—Malcolm Gladwell “An important book . . . All politicians and social commentators . . . should read this.”—*The Times* (London) “Powerful . . . an extraordinarily valuable

addition to the literature of the psychology of violence or 'evil.'"—The American Prospect "Penetrating . . . Combining a dense but readable and often engrossing exposition of social psychology research with an impassioned moral seriousness, Zimbardo challenges readers to look beyond glib denunciations of evil-doers and ponder our collective responsibility for the world's ills."—Publishers Weekly "A sprawling discussion . . . Zimbardo couples a thorough narrative of the Stanford Prison Experiment with an analysis of the social dynamics of the Abu Ghraib prison in Iraq."—Booklist "Zimbardo bottled evil in a laboratory. The lessons he learned show us our dark nature but also fill us with hope if we heed their counsel. The Lucifer Effect reads like a novel."—Anthony Pratkanis, Ph.D., professor emeritus of psychology, University of California

Where did I come from? What happens when you die? What's divorce? From the moment children can formulate questions they begin to bombard their parents with "Why?" "What?" "Where" and "How?" Naturally curious they often catch us off guard leaving us unsure of how to answer their questions with an appropriate response. Fully revised and updated for the digital age, this new edition of Dr Miriam Stoppard's essential parenting manual provides age-appropriate answers to a huge range of challenging questions. Drawing from extensive research in child development and specifically on what children can handle at each age, Stoppard offers parents a foundation on which they can build their own answers as their child's understanding expands.

A woman's life and love are compromised in this pulse-pounding thriller from #1 New York Times bestselling author Julie Garwood. Dr. Ellie Sullivan has witnessed the shooting of an FBI agent in pursuit of a ruthless modern-day Bonnie and Clyde. The only person to see the shooter's face, Ellie is suddenly thrust into the center of a criminal investigation spearheaded by the no-nonsense, by-the-book, and tantalizingly handsome agent Max Daniels. When the couple is captured, she'll be called to testify. But the Landrys have been caught before, and each time the witnesses are scared into silence—or they disappear. Now Max vows to be Ellie's shadow, promising never to leave her side until the trial. But that could be dangerous for both of them, and it isn't long before the sparks—and the bullets—fly.

Rokuemon Haskura, a low-ranking warrior, is chosen as one of a group of envoys to the Viceroy of Mexico and Pope Paul V, but by the time his delegation returns to Japan, a policy of isolation has been established

The first in a trilogy of novels centered around the investigations of Swedish police officer Detective Superintendent Evert Bäckström of the National Murder Squad.

"An atmospheric and complicated saga of crimes that criss-cross the narrow strait between Sweden and Denmark...great cop characters...and some imaginatively grisly perps."— Sunday Times Would you kill for the one you love? That's the question that international bestseller Stefan Ahnhem's *The Ninth Grave: A Fabian Risk Novel* seeks to answer in this spine-tingling thriller set six

months before the events in *Victim Without a Face*. On a cold winter evening, the Swedish minister of justice disappears without a trace from the short walk between the house of Parliament and his car. At the same time the wife of a famous Danish TV-star is found brutally murdered in her luxury home north of Copenhagen. Soon more bodies are discovered, all missing different body parts. As criminal investigator Fabian Risk and Danish counterpart Dunja Hougaard race to put the pieces together, they are dragged into a conspiracy worse than anyone could imagine.

Can a woman ever really know herself if she doesn't know her mother? From the author of the smash-hit bestseller *Firefly Lane* and *True Colors* comes Kristin Hannah's powerful, heartbreaking novel that illuminates the intricate mother-daughter bond and explores the enduring links between the present and the past. Meredith and Nina Whitson are as different as sisters can be. One stayed at home to raise her children and manage the family apple orchard; the other followed a dream and traveled the world to become a famous photojournalist. But when their beloved father falls ill, Meredith and Nina find themselves together again, standing alongside their cold, disapproving mother, Anya, who even now, offers no comfort to her daughters. As children, the only connection between them was the Russian fairy tale Anya sometimes told the girls at night. On his deathbed, their father extracts a promise from the women in his life: the fairy tale will be told one last time—and all the way to the end. Thus begins an unexpected journey into the truth of Anya's life in war-torn Leningrad, more than five decades ago. Alternating between the past and present, Meredith and Nina will finally hear the singular, harrowing story of their mother's life, and what they learn is a secret so terrible and terrifying that it will shake the very foundation of their family and change who they believe they are.

How to Enjoy Your Life and Your Job will help you create a new approach to life and people and discover talents you never knew you had. This bestseller shows you how to make every day more exciting and rewarding—how you can get more done, and have more fun doing it. A life-changing book that has helped many people around the world, is your key to achieving success in your professional and personal life.

Tired of an arrangement that allows his wife, Melinda, to take as many lovers as she wants in exchange for not deserting the family, Vic tries to win her back by asserting himself with a tall tale of murder, a lie that eventually comes true, in a chilling novel about the dark reality behind the idyllic facade of American suburban life. Reprint.

According to *The New York Times*, Noam Chomsky is “arguably the most important intellectual alive.” But he isn’t easy to read . . . or at least he wasn’t until these books came along. Made up of intensively edited speeches and interviews, they offer something not found anywhere else: pure Chomsky, with every dazzling idea and penetrating insight intact, delivered in clear, accessible, reader-friendly prose. Published as four short books in the famous *Real Story*

series—What Uncle Sam Really Wants; The Prosperous Few and the Restless Many; Secrets, Lies and Democracy; and The Common Good—they've collectively sold almost 600,000 copies. And they continue to sell year after year after year because Chomsky's ideas become, if anything, more relevant as time goes by. For example, twenty years ago he pointed out that "in 1970, about 90% of international capital was used for trade and long-term investment—more or less productive things—and 10% for speculation. By 1990, those figures had reversed." As we know, speculation continued to increase exponentially. We're paying the price now for not heeding him them.

A psychologist with a reputation for penetrating to the heart of complex parenting issues joins forces with a physician and bestselling author to tackle one of the most disturbing and misunderstood trends of our time -- peers replacing parents in the lives of our children. Dr. Neufeld has dubbed this phenomenon peer orientation, which refers to the tendency of children and youth to look to their peers for direction: for a sense of right and wrong, for values, identity and codes of behaviour. But peer orientation undermines family cohesion, poisons the school atmosphere, and fosters an aggressively hostile and sexualized youth culture. It provides a powerful explanation for schoolyard bullying and youth violence; its effects are painfully evident in the context of teenage gangs and criminal activity, in tragedies such as in Littleton, Colorado; Tabor, Alberta and Victoria, B.C. It is an escalating trend that has never been adequately described or contested until *Hold On to Your Kids*. Once understood, it becomes self-evident -- as do the solutions. *Hold On to Your Kids* will restore parenting to its natural intuitive basis and the parent-child relationship to its rightful preeminence. The concepts, principles and practical advice contained in *Hold On to Your Kids* will empower parents to satisfy their children's inborn need to find direction by turning towards a source of authority, contact and warmth. Something has changed. One can sense it, one can feel it, just not find the words for it. Children are not quite the same as we remember being. They seem less likely to take their cues from adults, less inclined to please those in charge, less afraid of getting into trouble. Parenting, too, seems to have changed. Our parents seemed more confident, more certain of themselves and had more impact on us, for better or for worse. For many, parenting does not feel natural. Adults through the ages have complained about children being less respectful of their elders and more difficult to manage than preceding generations, but could it be that this time it is for real? -- from *Hold On to Your Kids*

This book is a sequel to *The Aware Baby*, and has now been translated into French, German, Hebrew, and Italian. It focuses on the development and emotional needs of children up to eight years of age, and provides insights to help you understand your child, maintain a close, loving relationship, and cope with day-to-day problems. It will also give you guidelines for helping your child reach his or her highest potential. If you have not read *The Aware Baby*, and are not yet practicing *Aware Parenting*, *Helping Young Children Flourish* can

profoundly shift your relationship with your child. The topics covered include crying and raging, dealing with childhood fears, stimulation and learning, reasons for "misbehavior," alternatives to punishments and rewards, sibling rivalry, eating problems, the emotional aspects of illnesses and injuries, bedtime problems, and hyperactivity.

Available digitally for the first time ever, Mackenzie's Mountain is a classic novel of romantic suspense from New York Times and USA Today bestselling author Linda Howard Night Wing—the revolutionary test plane with a top secret weapons system—is Colonel Joe "Breed" Mackenzie's number-one priority—and weapons expert Caroline Evans his number-one distraction. When someone on the inside sabotages Night Wing, Caroline's late hours and expertise come under suspicion, forcing Joe to choose between allegiance to his country...and love for his prime suspect. Featuring an excerpt from TROUBLEMAKER, Linda Howard's new hardcover novel!

Raising positive, drug-free kids in a negative world is not easy, but in the long run it's easier than raising negative ones. Now, the bestselling motivational author reveals his simple prescription for success with children, step by positive step. Drawing on the most comprehensive measurable results ever made available to an author – his "I CAN" course, taught in more than five thousand schools with more than three million participants – and his own successes and failures as a parent, Zig Ziglar offers sensible guidelines on: Praise and encouragement: Children can hardly have too much of the right kinds. Look for the good in your children and you will find it. Drugs: The latest statistics and a winning approach to teaching kids to say no, starting with cigarettes. Time: Quality time is not enough. Kids need a lot of time with parents (and virtually none with TV). Discipline: The loving parent will not shirk it. Sex and romance: Be frank, be firm, be realistic. And much more, in a book that is both refreshingly old-fashioned and startlingly new. Previous edition: 0-34541-022-x

Emily Berry's Dear Boy was described as a 'blazing debut', winning the Forward Prize for Best First Collection in 2013. Stranger, Baby, its follow-up, is marked by the same sense of fantasy and play, estrangement and edgy humour for which she has become known. But these poems delve deeper again, in their off-kilter and often painful encounter with childhood loss. This is a book of mourning, recrimination, exhilaration and 'oceanic feeling': 'A meditation on a want that can never be answered.'

'A simply told, bitter-sweet story, with a powerful poetic message' - Jacqueline Wilson A novel for all ages about a young girl losing her sight, inspired by the author's own life story. For fans of Wonder, The Little Prince and The Hen Who Dreamed She Could Fly. Mafalda is a nine-year-old girl who knows one thing: some time in the next six months her sight will fail completely. Can Mafalda find a way through a seemingly dark future and still go to school, play football and look after her beloved cat? With the help of her family, and her friends, Mafalda needs to discover the things that will be important to her when her sight has failed. A moving, empowering tale of courage and determination that will inspire young and old.

A semi-autobiographical romance between a French engineer and the daughter of a Hindu family with which he stayed in India. A case of East meets West with all the joys and woes that such encounters bring. For her version of the story see her novel, It Does Not Die.

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